



FEBRUARY 2020

GOOD EATS AT

It's **LORENA LIGHTNING**

YOU ART WHAT YOU EAT
ART CONTEST

Art Contest
ENTER TODAY
SquareMeals.org/
ArtContest

M	T	W	TH	F
Chicken Alfredo Pizza Salad Chocolate Pudding Milk or Water 3	Goulash**** Garlic Roll Corn Fruit Milk or Water 4	Corn Dog Bites Pork N Beans Cookie Milk or Water 5	Chicken Nuggets Sweet Rice Mixed Vegetables Yogurt Raisins Milk or Water 6	Ham Sandwich Chips Pickle Spear Apple Slices Milk or Water 7
Spaghetti Garlic Sticks Salad Fruit Milk or Water 10	Chili & Cheese Baked Potatoes Broccoli W/Ranch Fruit Milk or Water 11	Turkey Sandwich Carrots w/ranch Chips Blueberry Muffin Milk or Water 12	Sausage Macaroni & Cheese Pinto Beans Jello Milk or Water 13	BBQ Chicken Sliders Cole Slaw Banana Pudding Milk or Water 14
Cheesy Beef Quesadillas Spanish Rice Cookie Milk or Water 17	Steak Fingers Mashed Potatoes Green Beans Fruit Milk or Water 18	Fiesta Beef Casserole Carrots Pineapple Milk or Water 19	Sloppy Joes Fried Pickles Sherbet Milk or Water 20	Blueberry Sausage Pancake Stick Scrambled eggs Fruit Milk or Water 21
Pizza Rolls Spaghetti w/Sauce Salad Applesauce Milk or Water 24	Hamburger Burger Salad French Fries Peaches Milk or Water 25	PB&J Sandwich Chips Carrots w/ranch Banana Milk or Water Ash Wednesday 26	Chicken Breast Green Beans Buttered Noodles Cake Milk or Water 27	Grilled Cheese Chips Broccoli w/ranch Oranges Milk or Water 28

Just try me Goulash
(hamburger helper)

SPECIAL ANNOUNCEMENTS

7th – Bishop Brendan Cahill presides @ mass
25th – Mardi Gras

GET READY

SCHOOL BREAKFAST WEEK
MARCH 2-6
SquareMeals.org/SBW

