

SEPTEMBER 2022

St. Michael Catholic School

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| Special Announcements: Grandparents' Day Sept. 13 ***Just Try Me Friday Sept. 23*** | | | 1 Fish Sticks Brown Rice Coleslaw Cake Milk or Water | 2 Early Dismissal No Cafeteria Services |
| 5 Labor Day School Holiday | 6 Tater Tot Casserole Broccoli & Cauliflower Fruit Milk or Water | 7 Hamburger Meat With Brown Gravy on Top Mashed Potatoes Green Beans Fruit Milk or Water | 8 Chicken Patty on a Bun Seasoned Corn Pickles Fruit Milk or Water | 9 Meat, Bean, & Cheese Chalupas Carrot Sticks w/Ranch Applesauce Milk or Water |
| 12 Steak Fingers Fries Mixed Veggies Fruit Milk or Water | 13 Grandparents' Day Tortellini Alfredo w/ Grilled Chicken Cucumber Salad Bread Sticks Cherry Crunch Milk or Water | 14 Ham & Cheese Sandwich Chips Fruit Salad With Marshmallows Milk or Water | 15 Corn Dogs Tater Tots Squash Fruit Milk or Water | 16 Hamburgers Side Salad Baked Beans Fruit Milk or Water |
| 19 Chicken Nuggets Broccoli Mashed Potatoes Fruit Milk or Water | 20 Pepperoni Pizza Corn Fruit Milk or Water | 21 BBQ on a Bun Pinto Beans Lettuce & Tomato Salad Fruit | 22 Grilled Chicken Sweet Potato Fries Green Bean Casserole Fruit Milk or Water | 23 Grilled Cheese Chips **Oatmeal Peanut Butter Bites** Milk or Water |
| 26 Sheet Pancakes Breakfast Sausage Fruit Milk or Water | 27 Cheesy Mac Steamed Spinach Ranch Style Beans Fruit Milk or Water | 28 Chicken Patty w/Gravy On Top Rice Cooked Carrots Fruit Milk or Water | 29 Chili & Cheese Hot Dog Baked Beans Corn Fruit Milk or Water | 30 Sausage Buttered Noodles Mixed Veggies Sugar Cookie Milk or Water |