

# OCTOBER 2022

St. Michael Catholic School

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Corn Dogs Tater Tots Squash Fruit Milk or Water	<b>4</b> Beef Tacos Side Salad Fruit Milk or Water	<b>5</b> Fish Sticks Brown Rice Coleslaw Fruit Milk or Water	<b>6</b> Chicken Tenders French Fries Green Beans Fruit Milk or Water	<b>7</b> Early Dismissal No Cafeteria Services
<b>10</b> Sloppy Joes Seasoned Corn Fruit Milk or Water	<b>11</b> Waffles Sausage Eggs Fruit Milk or Water	<b>12</b> Frito Pie Mixed Vegetables Fruit Milk or Water	<b>13</b> Steak Fingers Mashed Potatoes Cooked Carrots Fruit Milk or Water	<b>14</b> Ham & Cheese Sandwich Breaded Zucchini Sticks Spirit Cake Milk or Water
<b>17</b> Grilled Chicken Wraps Lettuce, Tomato and Cheese Chips Fruit Milk or Water	<b>18</b> Beef Nachos Pinto Beans Corn Fruit Milk or Water	<b>19</b> Hot Dogs Fries Celery w/Ranch Fruit Milk or Water	<b>20</b> Spaghetti Side Salad Garlic Bread Fruit Milk or Water	<b>21</b> Cheese Quesadillas Cucumbers w/Ranch Sugar Cookies Milk or Water
<b>24</b> Chicken Patty w/Gravy Rice Corn Fruit Milk or Water	<b>25</b> Hamburger Pizza Side Salad Fruit Milk or Water	<b>26</b> Tater Tot Casserole Broccoli **Apples w/Pumpkin Dip** Milk or Water	<b>27</b> Sausage Buttered Noodles Mixed Vegetables Fruit Milk or Water	<b>28</b> Hamburgers Baked Beans Fries Brownies Milk or Water
<b>31</b> PB & J Spiders Scary Apple Teeth Graveyard Pudding Milk or Water	<b>Special Announcements:</b> <b>***Just Try Me Wednesday, Oct. 26***</b>			